

## NOVA COLLEGE-WIDE COURSE CONTENT SUMMARY CST 131 – ACTING I (3 CR.)

### **Course Description**

Introduces students to the craft of acting. Covers the practice of physical and vocal warm-ups, improvisation exercises, individual and group scenes, and analytical skills. Develops presence and communication skills. Provides students with introductory exposure to a variety of acting concepts. Part I of IV. Lecture 2 hours. Laboratory 2 hours. Total 4 hours per week. 3 credits

### **General Course Purpose**

CST 131 provides students with the opportunity to identify, implement, and appreciate the practical and analytical foundations of the craft of acting.

### **Course Prerequisites/Corequisites**

None.

### **Course Objectives**

Upon completing the course, the student will be able to:

#### **Critical Thinking**

- Methodically, identify and evaluate script information to arrive at an interpretation of the text.

#### **Written Communication**

- Explain text and performance observations in written form.

#### **Professional Readiness**

- Demonstrate the ability to collaborate with others.
- Practice appropriate professional theatre etiquette.

#### **Relaxation**

- Develop physical, vocal, and mental techniques in order to reach a state of creativity.

#### **Awareness**

- Model observation and self-reflection skills needed to develop a deeper understanding of the self and of others.

#### **Communication**

- Collaborate effectively with others in support of a shared theatrical goal (ie: scene work, improvisation, etc.)

#### **Analysis (text and production)**

- Identify the fundamental vocabulary of (Western) acting methodologies and apply it to a theatrical text.
- Analyze a dramatic text and/or theatrical production from a performance perspective, including dramatic structure, character analysis and/or language investigation.
- Integrate production and script analysis techniques into the rehearsal and performance process.

#### **Performance skills**

- Project one's self believably in word and action into imaginary circumstances, evoked through improvisation or text, both by oneself and/or in an ensemble.

- Demonstrate a basic understanding of acting methods and techniques with an emphasis on practical application.

**Major Topics to be Included**

Relaxation

Awareness

Communication

Analysis (text and production)

Performance skills