

NOVA COLLEGE-WIDE COURSE CONTENT SUMMARY
SDV 100 – COLLEGE SUCCESS SKILLS (1 CR.)

Course Description

Assists students in transition to colleges. Provides overviews of college policies, procedures, curricular offerings. Encourages contacts with other students and staff. Assists students toward college success through information regarding effective study habits, career and academic planning, and other college resources available to students. May include English and Math placement testing. Strongly recommended for beginning students. Required for graduation. First-time college students are required to take SDV 100 or SDV101 before enrolling for their 16th semester hour at the College. Lecture 1 hour per week. *Course description under review by VCCS.

General Course Purpose

The purpose of this course is to assist first-time students with acclimation to college, and develop skills necessary for success here and in their transitions to learning and work after Northern Virginia Community College. First-time College students are required to take SDV 100 or another SDV course before enrolling in their 16th semester hour at the college.

Course Prerequisites/Corequisites

None

Course Objectives

Upon completion of this course the student should be able to:

- Students will identify their learning preferences and how they could apply appropriate academic life management strategies in a variety of learning environments.
- Students will practice how to communicate effectively in academic and professional situations.
- Students will explain how diversity, equity, and inclusion impacts the student experience.
- Students will use career assessments and resources to research and evaluate potential career objectives and academic goals.
- Students will develop an academic plan for a program of study at NOVA that aligns with transfer or career goals.

MAJOR TOPICS TO BE INCLUDED

- Academic Planning
- Academic Skills
- Career Exploration
- Communication
- Critical Thinking
- Diversity & Inclusion
- Financial Literacy
- Goal Setting
- Stress Management
- Time Management